

Being Born Giving Birth Making Love Ill-Fitting Underwear Lifting Weights Picking Up A Child
 Nursing A Baby Sneezing Falling Down Stairs Falling Up Stairs Slipping Off The Curb Ice Skating Walking
 Car Accidents Tight Hugs Getting Angry Choking Raking Leaves Playing Football Playing Soccer Pollution
 Working At The Computer Long Car Rides Rollerblading Watching The Packers Play Waiting Tables
 Reaching For Something Bicycle Crashes Wrestling Commuting Dealing With Salespeople Staying Up Late
 Carrying Luggage A Bad Day At Work A Good Day At Work Getting The Kids In And Out Of Their Car Seats
 Sitting In Class Talking On The Phone Sleeping On A Plane Doing Laundry Driving A Truck The Near-Fall
 Where Everybody Laughs – Including You – After They Realize You’re OK - Because You Looked So Clumsy
 Doing A Split Falling Asleep On The Couch While Watching Television Falling Down Sitting In The Bleachers
 Cheering For Your Kids Climbing A Ladder Playing Softball Practicing Piano Fighting With Your Brother
 Getting Bad News Skateboarding Slipping On Ice Pats On The Back Diving Into A Pool A Strange Bed
 Airplane Seats Tripping
 Money Playing Drums
 Doing Sit-ups Deadlines
 Installing Carpet Stumbles
 Walking With Crutches
 Missing The Chair Filing
 Being Kicked By A Horse
 Dancing Waiting In Lines
 Cheerleading Over-Eating
 Selling Your House Opera
 Carrying Your Pocketbook
 Camping Pulling Weeds
 Bowling Piggy-Back Rides
 Picking Flowers Stress
 Rooting For The Brewers
 Feeling Rushed Slouching
 Getting Hit By A Car
 High School Reunions
 Applying To Colleges
 Climbing Into The Car
 Big Cities Arm-Wrestling
 Parent-Teacher Conferences Moving Furniture Hanging Pictures The Wrong Mattress Tubing The Rapids
 Coughing Gym Class Cleaning Your Room Sleeping “Wrong” Painting The Ceiling Giving The Dog A Bath
 Trying To Scratch Your Own Back Watching The News Wearing The Wrong Kind Of Shoes Reading In Bed
 Poor Posture Hanging Wallpaper Desk Work Doing Homework Not Getting The Homework Done Poisons
 Trying To Reach The Drive-Up Mailbox Slot Fishing Putting Your Head In The Sink At The Hairdresser
 In-Laws Out-Laws Mom’s Cooking Dad’s Cooking My Own Cooking Tax Returns Exercising Not Exercising
 Telling The Teacher “I Forgot My Homework” Letting The Kids Use You As A Human Trampoline Playing
 Lifting Boxes Final Exams Mid-Term Exams Working Overtime Swimming In The Ocean Pushing A Swing
 Combing The Dog Babysitting Movie Theater Seats Bad Movies Your Old Sofa Pop-Quizzes A Bad Hair Day
 Setting Up A Tent Trying To Think Of Things That Cause Subluxations Doing My Chores Cleaning The Attic
 Going Four-Wheeling Warehouse Work Washing Windows Being Chased By A Badger Mowing The Lawn
 Being King Of The Hill Trimming The Hedges Boring Meetings Walking The Dog The Dog Walking You
 The Kids Coming Down The Stairs One Step At A Time On Their Rear Ends Playing Tag Or Hide And Seek
 Sitting In The Tree While Hunting Doing The Dishes Milking A Cow Learning To Walk Learning To Crawl
 Backwashing The Filter On The Pool Weeding Packing For Vacation Unpacking From Vacation Sun Glare
 Deciding Which Toys To Take Or Leave When Going On Vacation Commercial Difficult Customers
 Fixing The Toilet Fixing The Shower Head Calling The Plumber Pizza That Burns The Roof Of Your Mouth
 Cleaning Up After A Child Teaching A Teenager To Drive Using A Forklift Arguments The Day I Just Had

**Some Of
 The Many Things
 That Can Cause
 SUBLUXATIONS**

Bending Over Being Hit
 Driving In Heavy Traffic
 Riding A Horse Running
 Gymnastics Skiing Falls
 Carrying Groceries Drugs
 Volleyball Riding A Bike
 Cleaning The Garage
 Building A Deck Tennis
 Typing Falling Out Of Bed
 Working On The Car
 Pulling On Pantyhose
 A Bad Smell Worrying
 Watching Television In Bed
 Frustration Paying Bills
 Pulling Off Boots Ironing
 Riding A Mountain Bike
 Nightmares Vacuuming
 Reaching To A High Shelf
 Talking On The Phone
 Climbing Out Of The Car
 Junk-Mail Bad Chairs

Just Living Life!